



Albuquerque Gymnastics School

Phone (505) 293-9570

www.agsgymnastics.com



GIRL'S SCHEDULE

June 2009

CLASS CODE	AGE GROUP	DAY'S	TIMES	GYM	FEE/MONTH
A	5-8 Years	Mon & Wed	6:00-6:45 pm	East	\$75.00
A1	5-8 Years	Monday	6:00-6:45 pm	East	\$45.00
A2	5-8 Years	Wednesday	6:00-6:45 pm	East	\$45.00
B	5-10 years	Wednesday	3:15-4:00 pm	East	\$45.00
C	5-8 Years	Tues & Thur.	4:15-5:00 pm	East	\$75.00
C1	5-8 Years	Tuesday	4:15-5:00 pm	East	\$45.00
C2	5-8 Years	Thursday	4:15-5:00 pm	East	\$45.00
C3	5-8 Years	Tuesday	6:00-6:45 pm	East	\$45.00
D	8-13 Years	Mon & Wed	5:00-6:00 pm	East	\$85.00
E	8-13 Years	Tue & Thur.	5:00-6:00 pm	East	\$85.00
E1	8-13 Years	Tuesday	5:00-6:00 pm	East	\$52.00
E2	8-13 Years	Thursday	5:00-6:00 pm	East	\$52.00
F	8-13 Years	Tue & Thur.	6:45-7:45 pm	East	\$85.00
F1	8-13 Years	Tuesday	6:45-7:45 pm	East	\$52.00
F2	8-13 Years	Thursday	6:45-7:45 pm	East	\$52.00
G	8-13 Years	Friday	5:00-6:00 pm	East	\$52.00
I	5-10 Years	Saturday	10:15-11:00 am	West	\$45.00

A \$35.00 registration fee will be charged per family with enrollment and each year thereafter (in the same month as the enrollment month). Taxes are included in the above fees. Tuition is due by the 10th of each month. There will be a \$10.00 fee charged for all late payments. There is a \$10.00 charge for all returned checks.

PROGRAM DESCRIPTION

The classes listed above are instruction-oriented: it is not an open gym time. Instruction is offered on all four of the girl's events. Skills taught are a part of the National Compulsory Program. This provides a safe guideline for the participants and instructors. Fitness activities that improve flexibility, strength and endurance are also a major part of the program listed above. A child should expect to "work" while participating. This is not a playtime. Classes are grouped according to age and ability. This allows some groups to work faster than others.

The major activities offered within these structured classes are; tumbling, trampoline, floor exercise, vaulting, uneven bars and balance beam. Keep in mind that we, as a school, will always stress safety skills and behavior first. The learning of difficult gymnastics skills is secondary to safety. This conservative approach is best for most of our young athletes. This is a developmental program, not a competitive program, although an opportunity for informal competition is provided. A 7 to 1 student/teacher ratio is planned for.

**FOR MORE INFORMATION CALL (505) 293-9570: Monday through Friday 3:30-7:00 PM
10280 Comanche NE ~ Albuquerque, NM 87111**